

Physical Therapy Services

*Physical Therapy is a dynamic profession with an established theoretical base and widespread clinical application in the preservation, development, and restoration of optimal physical function. General goals of Physical Therapy are:

- ◆ To prevent the onset and progression of impairment, functional limitation, disability, or changes in physical function and health status resulting from injury, disease, or other causes.
- ◆ To restore, maintain, and promote overall fitness, health, and optimal quality of life.
- ◆ To alleviate or decrease pain.

Physical Therapy is the care and service provided by a Physical Therapist who is licensed in the State of Connecticut.

Physical Therapists:

- ◆ Provide services to patients who have impairments, functional limitations, disabilities, or changes in physical function and health status resulting from injury, disease, or other causes.
- ◆ Interact and practice in collaboration with a variety of professionals including physicians, dentists, nurses, educators, social workers, occupational therapists, and speech-language pathologists.
- ◆ Provide prevention and wellness services including screening and health promotion.
- ◆ Consult, educate, engage in critical inquiry, and administrate.
- ◆ Direct and supervise physical therapy services including support personnel.

Physical Therapy services are available to all individuals who are currently in-patients at Connecticut Valley Hospital or who are on leave of absence status.